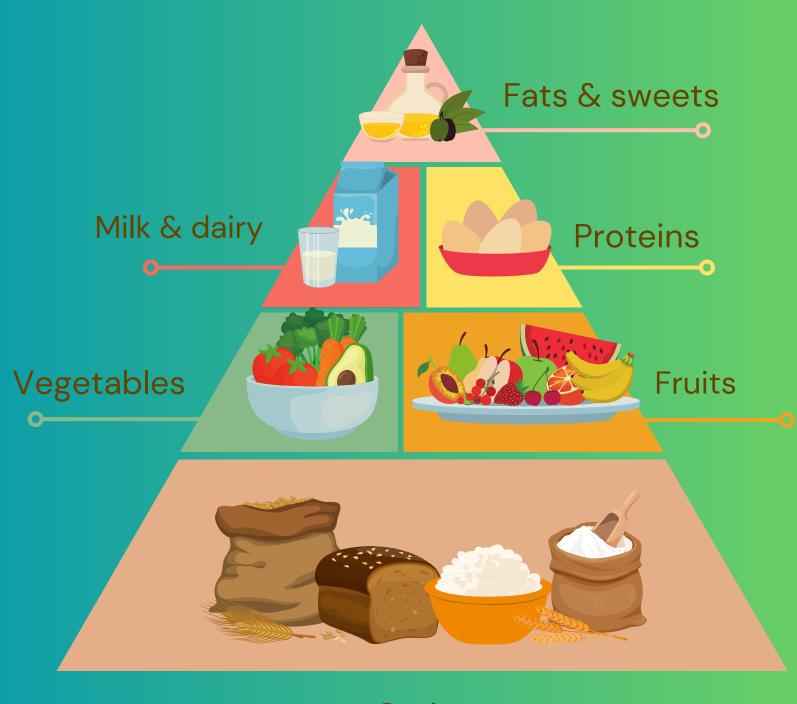
EASY HOW-TO

HEALTHY EATING PYRAMID



Grains







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